

Decolonize Eating Disorders Resources - A tiny, non-inclusive list

Feminist Writers, Thinkers, Activist

- [Bell Hooks](#) - Prominent Black Feminist Author of many books on eating disorders and feminism including “Feminism is for Everyone”
- [Mona Elthaway](#) - Egyptian award winning Author, activist, commentator on global feminist issues. Writer of “The Seven Necessary Sins for Women and Girls” and “Headscarves and Hymens” Why the Middle East Needs a Sexual Revolution”.
- [The Anthropology of Food and Body: Gender, Meaning and Power](#) by Carole M. Counihan
- [Tangled Routes: Women, Work, and Globalization on the Tomato Trail](#) by Dborah Barndt
- [Bananas, Beachers and Bases: Making Feminist Sense of International Politics](#) by cythis Enloe
- [I am Woman: A Native Perspective on Sociology and Feminism](#) by Lee Maracle
- [Calling my Spirit Back](#) by Elaine Alec
- [Critically Sovereign: Indigenous Gender, Sexuality and Feminist Studies](#) by Joanne Barker
- [A Queer Dharma: Yoga and Meditations for Liberation](#) by Jacoby Ballard
- [Read and Riot: A Pussy Riot Guide to Activism](#) by Nadya Tolokonnikova

Eating disorder advocates and creators who are leading this discussion and field:

- [Gloria Lucas - Nalgona Positivity Pride](#)
- [Rawiya Tariq and Jessica Wilson - My Black Body Podcast](#)
- [Black Queer Trans Recovery](#)
- [Whitney Trotter RD](#)
Trauma-informed
Registered Dietitian 🍳
Registered Nurse 👩
Yoga Teacher 🧘
- [Natalie K. Gomez](#) - Holistic Educator | Host of Interbeing Podcast 🌿
Master's in Philosophy, Cosmology, and Consciousness
- [Autistic Callum](#)- LGBTQ+ community; Autism/Mental Health Advocate
- [The Neurodiverseot](#) MSOT - Occupational therapist; Querrish Egyptian Autistic; ADHD; Chronic Pain and Anxiety
- [QueerQuechua](#) - Trans Indigenous mutant; mutli-species futures; Quechua/Turkish; Co-founder of [@QueerNature](#) and [@indigequeers](#) neurodivergent psychonaun.
- [Elsie DuBray](#)- Indigenous activist/researcher featured in [Gather - A documentary](#)

Transnational grassroots feminist liberation movements:

- [Zapatistas in Mexico](#) - Mother Seeds in Resistance; Mayan Schools of Dignity; Women's Advancements; Sustainable Agriculture; Community-Based Education for Health

- [Leyla Hussein](#) who is a psychotherapist, an award-winning international campaigner leading the fight against female genital mutilation (FGM), and a global leader on gender rights born in Somalia
- The indigenous women and girls leading the [Missing and Murdered Indigenous Women and Girls](#) movement here in Canada and the U.S.
- Nadya Tolokonnicova one of the many leaders of the [Pussy Riot feminist liberation movement in Russia.](#)
- [Radical Self Acceptance as a Jewish Lesbian Feminist](#)
- [18 Phenomenal African Feminist to Know and Celebrate](#)
- [Aswat - Palestinian Feminist Center for Gender and Sexual Freedoms'](#) mission is to fuel our feminist-queer movements and shift power to LGBTQI women by investing in capacity building, fostering collective feminist action, advocating for sexual diversity and gender justice, amplifying LGBTQI+ women voices and propelling queer-feminist organizing through leadership development.
- [5 Significant Women-led Social Movements in Latin America in 2018](#)
- [The Red Nation](#)
 - Indigeneity, Settler Colonialism, and Indigenous Liberation
 - Indigenous Socialism
 - Queer Indigenous Feminism
 - Black Liberation
 - Environmental Justice
 - Abolition
- [28 Organizations Promoting Food Sovereignty](#)
- [Unlearning White Supremacy Resources](#)

Art as Activism and Recovery

- Touched with Fire by Kay Redfield Jamison writes about Manic-Depressive illness and the artistic temperament.
- [A Fierce Organicism: Ecologies of Enmeshment in Contemporary Speculative Art----](#)[Jayna Brown](#). Jayna Brown is a professor of black expressive cultures, film, queer of color critique, anarchism, materialism and science fiction.
- [Playing with Magic: A Conversation with Naima Ramos-Chapman and Jayna Brown](#). Naima Ramos Chapman joins her in conversation as an artist to talk about re-envision new future ways of life and healing through art and ways of being.
- [Pussy Riot: A Punk Prayer](#)